Imagine a world with affordable health care. A place where people are able to pay for medical bills without being in debt, or comfortably pay for medication without it affecting their ability to pay for bills and expenses. But before we achieve this, lets pose some questions.
 What is healthcare?
 Why does it matter to us? Why are people struggling to pay for their medical bills?
 These are all questions we must ask ourselves. Affordable health care is essential for families in the U.S, struggling to pay for medical bills.
The real issue is how much needed healthcare….. is not affordable. Rising health care expenses both increase the government deficit and limit our capacity to invest in other crucial areas like economic growth, and education. Rising health care costs result in millions of people in the U.S. dealing daily with anxiety and stress. APHA states "Today, 7 in 10 deaths in the U.S. are related to preventable diseases such as obesity, diabetes, high blood pressure, heart disease, and cancer, and three quarters of our health care dollars are spent treating such diseases."
 Let's talk about one of the most expensive medications, insulin. Mainly used by diabetics. Insulin has a hefty price. This cost for a daily needed diabetic medication results in the reality that millions of diabetics around the world aren't able to pay for what they ironically must take each day.
 HRW.org states "Human Rights Watch found that exorbitant insulin prices and inadequate health insurance coverage can cause people to pay high out-of-pocket costs for insulin, contributing to dangerous and potentially lethal medicine rationing, forcing people to forgo other basic needs, and disproportionately affecting socially and economically marginalized groups." Which demonstrates how costs of insulin and many other necessary medications can be expensive for people living in poverty, or are in debt. Medical expenses also pushed millions of people below the federal poverty line, and every year 530,000 people declare medical bankruptcy.

Having posed these questions:
 What about a world with cheaper health care? A world in which all human health requirements and healthcare bills are easily addressed and met..
 A world in which kids are born bursting with life, are cared for, and may grow without physical, emotional, or developmental limits.
A world in which people don't have to stress over over expensive medical bills, or have life or death situations. People would be able to go to the hospital and not worry about the thousands of dollars in bills they would be receiving for treatment they need Most importantly people would live HAPPY!!
This is the world we would love to have, and it's possible with your help.
What are the measures we need to take for this solution:

Medication Cost Savings: One of the simplest methods to reduce medical expenses is to change the way you pay for medications.

Another solution is to try your best to keep yourself health- preventive health care, which is something all of us should be doing. Tom Allen once said " By giving every American access to quality, affordable health care, they will create a more competitive, a stronger and more secure America."

If we reset our mindset about medical costs and preventive health care, this world of affordable health care minus stress would be a reality, not a figment of imagination. Let us make it so.